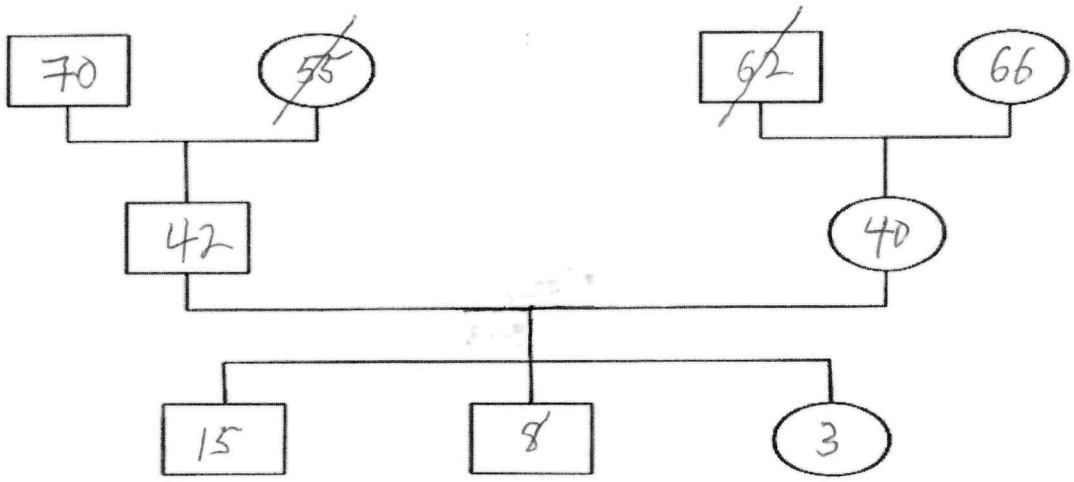
New Jersey Statewide Network for Cultural Competence Conference (12/4/18)

Genogram: Meet the Sanchez-Jones Family



[Note: This is a fictitious family case vignette developed for educational purposes only]

Paternal Grandfather (70 years old) – Hypertension, Heart Disease, Stroke – lives in a nursing home, born in NJ

Paternal Grandmother – deceased at age 55 from breast cancer, born in NJ

Maternal Grandfather – deceased at age 62 from colon cancer, born in El Salvador but migrated to US 30+ years ago

Maternal Grandmother (66 years old) – diabetes, retinopathy with low vision, hyperlipidemia, obesity, born in El Salvador but migrated to US 30+ years ago (lives with her daughter and son-in-law)

Father (Mr. Sanchez-Jones 42 years old) — self-identifies as African American, born in NJ, completed high school, previously served in U.S. Army with deployments to Gulf War, goes to VA for health care. Medical problems: Hypertension, Chronic Low Back Pain from herniated disc, Sciatica, Mobility challenges, Hearing Loss, smokes 1-2 packs of cigarettes daily

Mother (Mrs. Sanchez-Jones 40 years old) — self-identifies as Hispanic/Latina, born in Guatemala and migrated here with family as a child, bilingual English/Spanish. Receives Medicaid. Medical problems: Asthma, Allergies, Overweight, Depression

3 children:

- Male (15 years old) Asthma – controlled on medications with occasional flares and emergency room visits, doing well academically in school
- Male (8 years old) - Autism Spectrum Disorder (in special classes),
- Female (3 years old) - Down Syndrome (receiving services from NJDDD)

Psychosocial Situation – Social Determinants of Health

Transportation: Family relies on public transportation (bus, taxi) to get around

Housing: Rents apartment, some issues with mold and internal temperatures during winter and summer

Eating/Diet: Would like to eat more healthy foods but hard to find fresh fruits and vegetables nearby ("food desert"), limited food budget, consumes fast foods

Education: Both parents completed high school but have some difficulties with reading – limited health literacy

Safety: Sometimes concerned about safety issues in external environment due to crime, roads, and lack of sidewalks – family stresses but no reported domestic violence

Economics: Financial insecurity. Father unable to work due to chronic low back pain and mobility limitations post military service and construction accident - receives disability payments - mother occasionally does part-time work but mostly stays at home with her mother to care for her husband and children with special needs

Utilities: Has electricity and cell phone but sometimes has difficulty paying bills – has TV and radio – no internet - worried about losing services

Social Support: Attends religious services at church – limited number of friends

THEESEUS – A Mnemonic for Addressing the Social Determinants of Health

T: **T**ransportation (e.g., auto, bus, taxi)

H: Housing (e.g., home owner, renter, living arrangements, housing stock)

E: Eating (e.g., typical diet/nutrition, adequacy of food supplies, meals on wheels, food deserts)

E: Education (e.g., educational attainment, literacy, numeracy, health literacy)

S: Safety (e.g., interpersonal, physical, community, environmental)

E: Economics (e.g., current and long-term financial assets, budget for food, clothing, medications)

U: Utilities (e.g., electricity, gas, water, heating, phone, internet, other)

S: Social Supports (e.g., family, friends, work, religious, recreational, community)

Developed by:
Robert C. Like, MD, MS
Department of Family Medicine and Community Health
Rutgers Robert Wood Johnson Medical School

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